

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10:00 Chair Exercise 1 1:00 Worship with Paula & Greg Labor Day	10:00 Chair Exercise 2 10:30 Balloon Toss Independent Activity Packets & Games available in Activity Room Labor Day	9:00 Walk at The Greenway (Sign-up Only) 3 10:00 Chair Yoga 10:30 Balloon Toss 11:00 Senior Marathon Walking Group (Front Porch) 1:00 Brain Games 3:00 Bingo Eva Leslie Birthday	10:00 Chair Exercise 4 10:30 Balloon Toss 11:00 Weekly Chronicle 1:00 September Trivia 3:00 Exploring the World's Best Zoo's and Safari's 6:00 Bible Study with Troy	10:00 Chair Exercise 5 10:30 Balloon Toss 11:00 Senior Marathon Walking Group (Front Porch) 1:00 - 3:00 Art Workshop: Apple Baskets 3:30 Hermitage Library (Sign-Up Only)	10:00 Chair Exercise 6 10:30 Balloon Toss 1:00 Shopping Trip: Big Lots (Sign-Up Only) 3:00 Movie & Popcorn: "Hotel for Dogs" Lou Barron Birthday	10:00 Chair Exercise 7 10:30 Balloon Toss 1:00 Bingo
10:00 Chair Exercise 8 1:00 Movie: Resident Choice Grandparents Day	10:00 Chair Exercise 9 10:30 Balloon Toss 11:00 Senior Marathon Walking Group (Front Porch) 1:00 Kempton Fall Auction 3:00 Uno & Table Games National Assisted Living Week	9:00 Walk at The Greenway (Sign-up Only) 10 10:00 Chair Yoga 10:30 Balloon Toss 11:00 Weekly Chronicle 1:00 Apple Dumplings with Desmond & Amy 3:00 Bingo	10:00 Chair Exercise 11 10:30 Balloon Toss 11:00 9/11 Remembrance 1:00 Brain Games 3:00 Kempton Farmer's Market with Fox Therapy (Activity Room) 6:00 Bible Study with Troy	10:00 Chair Exercise 12 10:30 Balloon Toss 11:00 Senior Marathon Walking Group (Front Porch) 1:00 Wheelchair & Walker Sprinkler Fun with Adoration (Front Porch)	8:00 Coffee & Donuts with Lindsey from Gentiva 13 10:00 Chair Exercise 10:30 Balloon Toss 1:30 DCA Marching Band & Cheerleaders (Front Porch) 3:00 Movie & Popcorn: "Rudy"	10:00 Chair Exercise 14 10:30 Balloon Toss 1:00 Bingo
10:00 Chair Exercise 15 1:30 Worship with Donelson First Mary Carney Birthday	10:00 Chair Exercise 16 10:30 Balloon Toss 11:00 Chicken Soup for the Golden Soul Stories 1:00 Word Games 3:00 Senior Marathon Walking Group Awards	9:00 Walk at The Greenway (Sign-up Only) 17 10:00 Chair Yoga 10:30 Balloon Toss 11:00 Veterans Club with Norm 1:00 Brain Games 3:00 Bingo 5:00 Music with Joe & Leroy	10:00 Chair Exercise 18 10:30 Balloon Toss 11:00 Weekly Chronicle 1:00 Food Council 2:00-4:00 Manicures with Rachel (Sign-Up Only) 6:00 Bible Study with Troy	10:00 Chair Exercise 19 10:30 Balloon Toss 11:00 Tongue Twisters 1:00 - 3:00 Art Workshop: Dot Painting 3:30 Dippin' Dots Ice Cream Wear Something with Dots National Dot Day	10:00 Chair Exercise 20 10:30 Balloon Toss 11:00 Picnic at Ravenwood Park (Sign-Up Only) 3:00 Movie & Popcorn: "Love, Fall & Order" Serena Wilkinson Birthday	10:00 Chair Exercise 21 10:30 Balloon Toss 1:00 Bingo Ronald Gabriel Birthday Oktoberfest Begins
10:00 Chair Exercise 22 1:30 Worship with Bro. Evans Autumn Begins	10:00 Chair Exercise 23 10:30 Balloon Toss 11:00 Chicken Soup for the Golden Soul Stories 1:00 - 3:00 Art Workshop with Kathleen: Fall Door Hanger (Sign-up Only)	9:00 Walk at The Greenway (Sign-up Only) 24 10:00 Chair Yoga 10:30 Balloon Toss 11:00 Who, What & Where 1:00 Brain Games 3:00 Bingo with Selena	10:00 Chair Exercise 25 10:30 Balloon Toss 11:00 Weekly Chronicle 1:00 Resident Council 3:00 Story Starters 6:00 Bible Study with Troy	10:00 Chair Exercise 26 10:30 Balloon Toss 11:00 October Calendar Information & Suggestions 1:00-3:00 Art Workshop: Wooden Caramel Apples	9:00 Nashville Zoo Trip (Sign-Up Only) 27 10:00 Chair Exercise 10:30 Balloon Toss 3:00 Movie & Popcorn: "The Parent Trap"	10:00 Chair Exercise 28 10:30 Balloon Toss 1:00 Bingo
10:00 Chair Exercise 29 1:00 Movie: "The Parent Trap 2" Staff Birthdays: Danny Batson - 12th Lolita Gaddes - 13th Bryson Thurman - 22nd	10:00 Chair Exercise 30 10:30 Balloon Toss 11:00 Chicken Soup for the Golden Soul Stories 1:00 Group Crossword Puzzle 3:00 Shut the Box with Stacey					