

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# SEPTEMBER 2023

## ASSISTED LIVING

					<p>10:00 Exercise 10:30 Balloon Toss <b>1:00 Shopping Trip: Dollar Tree (Sign-Up Only)</b> 3:00 Movie &amp; Popcorn: "Hope Floats" <b>Wear Your Favorite Sports Team Colors</b></p>	<p>10:00 Exercise 10:30 Balloon Toss 1:00 Bingo</p>
<p>10:00 Exercise <b>3</b> <b>1:00 Worship with Paula &amp; Greg</b></p>	<p>10:00 Exercise <b>4</b> 10:30 Balloon Toss 11:00 Mary Tyler Moore Show  1:00 Brain Games with Sarah Independent Puzzle Packets available in Activity Room  Labor Day</p>	<p>10:00 Exercise <b>5</b> 10:30 Balloon Toss 11:00 Tongue Twisters  1:00 The Price Is Right 1:00 Dominoes (Resident Lead in Rachel Jackson Room) 3:00 Bingo</p>	<p>10:00 Exercise <b>6</b> 10:30 Balloon Toss 11:00 Weekly Chronicle  1:00 September Trivia 3:00 Google It: Toys Then &amp; Now 6:00 Bible Study with Troy  <b>Lou Barron Birthday</b></p>	<p>10:00 Exercise <b>7</b> 10:30 Balloon Toss 11:00 Devotional  1:00 - 3:00 Art Workshop: Decorative Photo Frames</p>	<p>10:00 Exercise <b>8</b> 10:30 Balloon Toss <b>1:00 Shopping Trip: Sugar Pea Consignment Store (Sign-Up Only)</b>  3:00 Movie &amp; Popcorn: "Lost in America"</p>	<p>10:00 Exercise <b>9</b> 10:30 Balloon Toss 1:00 B-9 Bingo</p>
<p><b>8:00-10:00 Grandparents Day Coffee &amp; Donuts Social</b>  10:00 Exercise <b>Marjorie Allen Birthday</b>  Grandparents Day</p>	<p>10:00 Chair Yoga <b>11</b> 10:30 Balloon Toss 11:00 Remembering 9/11  <b>1:00 The Meltones</b> 3:00 Cooking Group: Apple Salad <b>National Assisted Living Week</b>  <b>Wear Patriotic Colors</b></p>	<p>10:00 Exercise <b>12</b> 10:30 Balloon Toss 11:00 Reminisce: Best News <b>1:00 Wet T-Shirt Contest (Outside)</b> 3:00 Bingo <b>4:00 Hermitage Library (Sign-Up Only)</b> <b>Twin Day-Dress Like Your Friends</b></p>	<p>10:00 Exercise <b>13</b> 10:30 Balloon Toss 11:00 Weekly Chronicle <b>12:00 Pizza Party</b> 1:00 Show and Tell 3:00 Crossword Puzzle 6:00 Bible Study with Troy <b>Pajama Day</b> <b>National Hershey Kiss Day</b></p>	<p>10:00 Exercise <b>14</b> 10:30 Balloon Toss 11:00 Would You Rather...? 1:00 - 2:00 Art Workshop: Squeegie Painting <b>2:30 DCA Marching Band &amp; Ice Cream Sandwiches (Outside)</b> <b>Bettye McCroskey Birthday</b> <b>Mismatch Clothes Day</b></p>	<p>10:00 Exercise <b>15</b> 10:30 Balloon Toss <b>11:00 Picnic at Charlie Daniels Park(Sign-up Only)</b> 3:00 Movie &amp; Popcorn: "The Miracle Worker" <b>Mary Carney Birthday</b> <b>Denim Day</b>  Rosh Hashanah Begins</p>	<p>10:00 Exercise <b>16</b> 10:30 Balloon Toss 1:00 Bingo <b>2:00 Manicures with Andrea</b>  Oktoberfest Begins</p>
<p>10:00 Exercise <b>17</b> <b>1:30 Worship with Donelson First</b></p>	<p>10:00 Chair Yoga <b>18</b> 10:30 Balloon Toss 11:00 Chicken Soup for the Soul Humor Stories  1:00 Brain Games 1:00 Dominoes (Resident Lead in Rachel Jackson Room) 3:00 Word Games</p>	<p>10:00 Exercise <b>19</b> 10:30 Balloon Toss 11:00 Poetry  <b>1:00 Memorial Service</b> 3:00 Bingo</p>	<p>10:00 Exercise <b>20</b> 10:30 Balloon Toss 11:00 Weekly Chronicle  <b>1:00 Food Council</b> 3:00 Scattogories Fall Edition 6:00 Bible Study with Troy</p>	<p>10:00 Exercise <b>21</b> 10:30 Balloon Toss 11:00 Devotional  1:00 - 3:00 Art Workshop: Fall Pinecone Wreath Part 1</p>	<p><b>9:00 Nashville Zoo (Sign-up Only)</b>  10:00 Exercise 10:30 Balloon Toss 3:00 Movie &amp; Popcorn: "Zookeeper"</p>	<p>10:00 Exercise <b>23</b> 10:30 Balloon Toss 1:00 Bingo  Autumn Begins</p>
<p>10:00 Exercise <b>24</b> <b>1:30 Worship with Bro. Evans</b>  Yom Kippur</p>	<p>10:00 Chair Yoga <b>25</b> 10:30 Balloon Toss 11:00 Looking at Our Facebook Memories  <b>1:00 - 3:00 Art Workshop with Kathleen (Sign-up Only)</b></p>	<p>10:00 Exercise <b>26</b> 10:30 Balloon Toss 11:00 Who, What &amp; Where  1:00 Brain Games 1:00 Dominoes (Resident Lead in Rachel Jackson Room) 3:00 Bingo</p>	<p>10:00 Exercise <b>27</b> 10:30 Balloon Toss 11:00 Weekly Chronicle  <b>1:00 Resident Council</b> 2:00-4:00 Manicures 6:00 Bible Study with Troy</p>	<p>10:00 Exercise <b>28</b> 10:30 Balloon Toss 11:00 October Calendar Information &amp; Suggestions 1:00-3:00 Art Workshop: Fall Pinecone Wreath Part 2  <b>William Wilbert Birthday</b></p>	<p><b>8:00 Restaurant Trip: IHOP (Sign-Up Only)</b> 10:00 Exercise 10:30 Balloon Toss  3:00 Movie &amp; Popcorn: "Little Women" (2019 Version)  Sukkot Begins</p>	<p>10:00 Exercise <b>30</b> 10:30 Balloon Toss 1:00 Bingo</p>