October 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10:00 Exercise 10:30 Balloon Toss 1:15 Bingo
2 10:00 Exercise 10:30 TV Church: Joel Osteen **1:30 Church with Paula & Greg**	3 10:00 Exercise 10:30 Balloon Toss 11:00 Current Events 1:00 October Trivia 3:00 Uno & Mexican Train Dominoes	4 10:00 Exercise 10:30 Balloon Toss 11:00 Technology Tuesday **12:30 Ice Cream Social** 1:30 Brain Games 3:00 Bingo **DENIM DAY**	5 10:00 Exercise 10:30 Balloon Toss 11:00 Weekly Chronicle 1:00 Word Games 3:00 Show and Tell **Edward Galbreath Birthday**	6 10:00 Exercise 10:30 Balloon Toss 11:00 Devotional with Sarah 1:00 - 3:00 Art Workshop: Decoupage Pumpkins 6:00 Bible Study with Troy	7 10:00 Chair Yoga 10:30 Balloon Toss 1:00 Crossword Puzzle 3:00 Movie & Popcorn: "The Pink Panther"	8 10:00 Exercise 10:30 Balloon Toss 1:15 Bingo
9 10:00 Exercise 10:30 TV Church: Joel Osteen 1:00 Movie Matinee Sukkot Begins	10 10:00 Exercise 10:30 Balloon Toss 11:00 Current Events **1:00 Quarterly Auction** 3:00 Google It: Unsolved Mysteries of The World **Janet Howell Birthday** Columbus Day (US)	11 **9:00 State & Federal General Election (Activity Room)** 10:00 Exercise 10:30 Balloon Toss 11:00 Would You Rather...? 1:00 Brain Games 3:00 Bingo **Myra Hopps Birthday**	12 10:00 Exercise 10:30 Balloon Toss 11:00 Weekly Chronicle **1:00 SILVERNOTES** 3:00 Cooking Creations: Chili & The Fixin's	13 10:00 Exercise 10:30 Balloon Toss 11:00 Devotional 1:00 - 3:00 Art Workshop: Scarecrows 6:00 Bible Study with Troy	14 10:00 Chair Yoga 10:30 Balloon Toss **1:00 Shopping Trip: Kohl's (Sign-up Only)** 3:00 Movie & Popcorn: "Mr. Hollands Opus"	15 10:00 Exercise 10:30 Balloon Toss 1:15 Bingo **2:30 Pet Visits with Darwin**
16 10:00 Exercise 10:30 TV Church: Joel Osteen **1:30 Church with First Baptist Donelson** **Elizabeth Kennedy Birthday**	17 10:00 Exercise 10:30 Balloon Toss 11:00 Current Events **1:00 - 3:00 Art Workshop with Kathleen (Sign-up Only)** Simchat Torah Begins	18 10:00 Exercise 10:30 Balloon Toss 11:00 Chicken Soup for the Soul **1:00 FOOD COUNCIL** 3:00 Bingo	19 **9:00 Donuts & Coffee Bar** 10:00 Exercise 10:30 Balloon Toss 11:00 Weekly Chronicle 1:00 Health Talk with Enhabit 3:00 Brain Games **NATIONAL DONUT DAY**	20 10:00 Exercise 10:30 Balloon Toss 11:00 Devotional 1:00 - 3:00 Art Workshop: Pour Paint Pumpkins 6:00 Bible Study with Troy	21 10:00 Chair Yoga 10:30 Balloon Toss **11:00 Restaurant Trip: Fletchers Pizza (Sign-up)** 3:00 Movie & Popcorn: "Peter Pan" **Glenda Hayes Birthday** **Wear Pink for Breast Cancer Day**	22 10:00 Exercise 10:30 Balloon Toss 1:15 Bingo
23 10:00 Exercise 10:30 TV Church: Joel Osteen **1:30 Church with Bro. Evans**	24 10:00 Exercise 10:30 Balloon Toss 11:00 Current Events **1:00 Make-up Makeover with Mary Kay (Sign-up Only)** **3:00 Bingo** **PAJAMA DAY**	25 10:00 Exercise 10:30 Balloon Toss 11:00 Who am I? **1:00 RESIDENT COUNCIL** **3:00 CHEF TEACHING KITCHEN**	26 10:00 Exercise 10:30 Balloon Toss 11:00 Weekly Chronicle 1:00 Brain Games 3:00 November Calendar Information 6:00 Bingo	27 10:00 Exercise 10:30 Balloon Toss 11:00 Devotional 1:00 - 3:00 Art Workshop: Paint by Number 6:00 Bible Study with Troy	28 10:00 Chair Yoga 10:30 Balloon Toss **1:00 Shopping Trip: Marshall's (Sign-up Only)** 3:00 Movie & Popcorn: "Hocus Pocus"	29 10:00 Exercise 10:30 Balloon Toss 1:15 Bingo **3:00-5:00 Trick or Treat (Activity Room)** **Frances Rice Birthday**
30 10:00 Exercise 10:30 TV Church: Joel Osteen 1:00 Movie Matinee	31 10:00 Exercise 10:30 Balloon Toss 11:00 Current Events **2:00 HALLOWEEN PARTY AND COSTUME CONTEST** Halloween					

Assisted Living